
Business *Wrap*



Module 6

Your personal and professional growth

HOW DO YOU AND YOUR BUSINESS IMPROVE?



“Ever since I was a child I have had this instinctive urge for expansion and growth. To me, the function and duty of a quality human being is the sincere and honest development of one’s potential.”

Bruce Lee

This module allows you to reflect on your personal and professional growth over the last 12 months.

There will be many opportunities in the Small Business program to plan future growth.

YOUR BIGGEST LEARNING THIS YEAR

What would you describe as your biggest learning personally and/or professionally this year. What happened? What did you learn? How did it change you?

LEARNINGS FROM SUCCESS

Make a list of the top 5 ways in which you have grown over the last 12 months as a result of your achievements or successes. Focus on what these experiences and accomplishments taught you about yourself and your abilities.

What happened?	What did you learn?

LEARNINGS FROM FAILURE

Even more important than our lessons from success, are our learnings from failure. Think of the top 5 lessons you've learnt this year from when things went 'wrong', or when you made a mistake or 'failed' in some other way.

What happened?	What did you learn?

PERSONAL AND PROFESSIONAL DEVELOPMENT AND EDUCATION

Jot down some of the most influential courses, readings, videos, webinars and podcasts that you've participated in as a 'student' this year - particularly if you would like to return to these to further benefit from the wisdom of others.

When you think about how you have 'learned' this year - which method of delivery has been most successful for you?
(You may wish to actively seek out more of this.)

When did you learn best? Did you have a 'routine' or 'habit' for learning over the last 12 months? (eg. an 'hour of power' each morning or evening). What was it?

Can you think of 5 examples where you and/or your business directly benefited from the implementation of new learnings in the last 12 months? Eg. Did you participate in a course or seminar and make changes as a result of it? Did you implement advice that you read or watched online?

1.

2.

3.

4.

5.

What tends to hold you back from making the most of development opportunities? What are the obstacles between new information and the implementation of it in your life and business?

1.

2.

3.

4.

5.

What lessons, information or experience are you most proud about having imparted this year to others? Where were you most influential or effective in terms of being a 'teacher' or 'guide'?

1.

2.

3.

4.

5.

Who have been your most influential 'mentors' (people you know, and people you read or watch for information)?

Notes